



Run Club Night

Tuesday, April 10, 2007



Mountain Equipment Co-op in conjunction with 5Peaks is pleased to present Run Club Night.

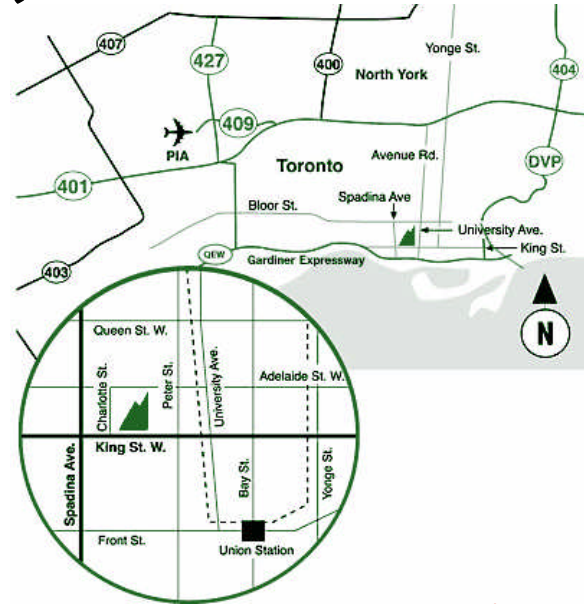
When **Tuesday, April 10, 2007**
7:30pm — 9:00pm

Where **Mountain Equipment Co-operative**
400 King Street West, Toronto

Presentations **8:00pm - 5Peaks 2007 Series Overview**
Discover the highlights of the Ontario Series and what each venue has to offer
8:15pm - Trail Running Training Secrets
Improve your trail running with these simple exercises

This is a great opportunity to learn more about trail running, register for 5Peaks races, and pick up some new gear for the upcoming season (store wide 10% discount in effect during Club Night hours)

Admittance reserved, please mention “Run Clubs” to gain entry to the store between 7:30—9:00pm



In collaboration with

