



Sign up Sheet

Name : _____

Phone # : _____

Emergency : _____

Address : _____

E-Mail : _____

Medical : _____

Shirt Size : _____

Allergies : _____

Privacy Policy: All information collected will be used EXCLUSIVELY by Hit The Road and will not be shared with any third party. Information collected will only be used for statistical analysis purposes, emergency contact and for the purpose of conducting business with you. If you do not wish to receive group e-mail updates from Hit The Road, please e-mail info@hittheroadrunning.com and request to be removed from our mailing list.

RELEASE AND INDEMNITY: I know that running and other forms of exercise are potentially hazardous activities. I should not participate prior to approval by a physician. I assume any and all risks associated with the services offered by Hit The Road including, but not limited to, falls, contact with others, the effects of weather, and the conditions of the workout surfaces, all such risks being known and appreciated by me. Knowing these facts, in consideration of Hit the Road, event and program sponsors, team sponsors, volunteers, organizers, partnering organizations and all of their associates accepting this application, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages sustained by me as a result of any programs offered by Hit The Road or associated events, for any cause whatsoever, including negligence. It is expressly understood by the undersigned that this activity is entered into at the sole risk of the undersigned and that the organizers and sponsors of the services are exempt from liability for any and all damages sustained and any and all injury and loss, including personal and property loss arising from any cause whatsoever, including negligence. Applications for minors will be accepted only with a parent or guardian's signature and should be signed by the minor also. **I hereby acknowledge having read this release and waiver and I understand and accept its terms.**

Signature: _____

(Parent/Guardian signature if applicant is under 18 years old)

Date: _____